

## Hypertension Conference: Beyond the Numbers

### Programme

08:30 - 09:00	Registration, tea and coffee
09:00 - 09:10	<b>Welcome and introduction</b> Prof. Christian Delles / Prof. Hany Eteiba
09:10 - 09:20	<b>The role of BIHS in leading the way</b> Prof. Ian Wilkinson Professor of Therapeutics, Director of Cambridge Clinical Trials Unit, Honorary Consultant Physician
<b>Session 1: Current practice</b> <b>Chairs. Prof. Christian Delles and Prof. Hany Eteiba</b>	
09:20 - 09:30	<b>Case presentation: To treat or not to treat, that is the question</b> Dr Emily Haseler King's College London BHF Centre Clinical PhD Training Fellow
09:30 - 09:50	<b>Blood pressure measurements: How and when (office vs HBPM vs ABPM)</b> Dr Spoorthy Kulkarni Clinical Pharmacology and Therapeutics Cambridge University Hospitals NHS Foundation Trust
09:50 - 10:10	<b>NICE algorithm for hypertension treatment and when to refer to secondary care</b> Prof. Jacob George Professor of Cardiovascular Medicine & Therapeutics at the University of Dundee Medical School, Consultant in Clinical Pharmacology and General Internal Medicine
10:10 - 10:30	<b>When to start pharmacological treatment for hypertension</b> Dr Lindsay McCallum Consultant in Clinical Pharmacology and Hypertension
10:30 - 10:50	<b>Non-pharmacological management in general practice</b> Dr Bhautesh Jani Clinical Senior Lecturer/Honorary Consultant, Glasgow
10:50 - 11:00	<b>Panel discussion and questions</b> All speakers
11:00 - 11:20	Morning refreshment break
<b>Session 2: Secondary and resistant hypertension</b> <b>Chairs. Prof. Jacob George and Dr Samuel Duffy</b>	
11:20 - 11:30	<b>Case presentation: TBC</b> Trainee
11:30 - 11:50	<b>Resistant vs pseudo resistant hypertension</b> Prof. Tony Heagerty Professor of Medicine and Honorary Consultant Physician, University of Manchester
11:50 - 12:10	<b>How to assess and manage non-adherence</b> Dr Pankaj Gupta Associate Professor and Honorary Consultant in Chemical Pathology at the University of Leicester
12:10 - 12:30	<b>Secondary causes of hypertension: an overview</b> Dr Carmela Maniero Consultant in Clinical Pharmacology and Hypertension, Barts NHS Trust
12:30 - 12:50	<b>Primary hyperaldosteronism: rare or common form of hypertension?</b> Dr Luca Faconti

	Clinical Lecturer in in the Department of Clinical Pharmacology and Honorary Consultant at Guy's and St Thomas' NHS Foundation Trust	
12.50 - 13.00	<b>Panel discussion and questions</b> All speakers	
13.00 - 14.00	Lunch break	
Session 3: Hypertension and related conditions Chairs. Dr Luca Faconti and Dr Spoorthy Kulkarni		
14.00 - 14.20	<b>Hypertension and CKD</b> Dr Samuel Duffy Consultant Nephrologist, South Tyneside and Sunderland NHS Foundation Trust	
14.20 - 14.40	<b>Hypertension and heart failure</b> Dr Luca Faconti Clinical Lecturer in in the Department of Clinical Pharmacology and Honorary Consultant at Guy's and St Thomas' NHS Foundation Trust	
14.40 - 15.00	<b>Hypertension and frailty</b> Prof. Tony Heagerty Professor of Medicine and Honorary Consultant Physician, University of Manchester	
15.00 - 15.20	<b>Hypertension and pregnancy</b> Dr Marie Freel Consultant Physician and Endocrinologist and Honorary Associate Clinical Professor at Queen Elizabeth University Hospital in Glasgow	
15.20 - 15.30	<b>Case presentation: TBC</b> Trainee	
15.30 - 15.45	<b>Panel discussion and questions</b> All speakers	
15.45 - 16.05	Afternoon break	
Session 4: Hypertension emergencies: interactive cases Chairs. Dr Samuel Duffy and Prof. Jacob George		
16.05 - 16.15	<b>Case presentation: TBC</b> Trainee	
16.15 - 16.25	<b>Case presentation: TBC</b> Trainee	
16.25 - 16.45	<b>Hypertension Emergencies</b> Dr Spoorthy Kulkarni Clinical Pharmacology and Therapeutics, Cambridge University Hospitals NHS Foundation Trust	
16.45 - 16.55	<b>Discussion and questions</b> All speakers	
16.55 - 17.00	<b>Closing remarks</b> Prof. Christian Delles Professor of Cardiovascular Prevention; Head of the School of Cardiovascular and Metabolic Health, University of Glasgow	
17.00	Close	